

# Helping People Help Each Other

Developing peer support in the context of  
bereavement

# End Goal



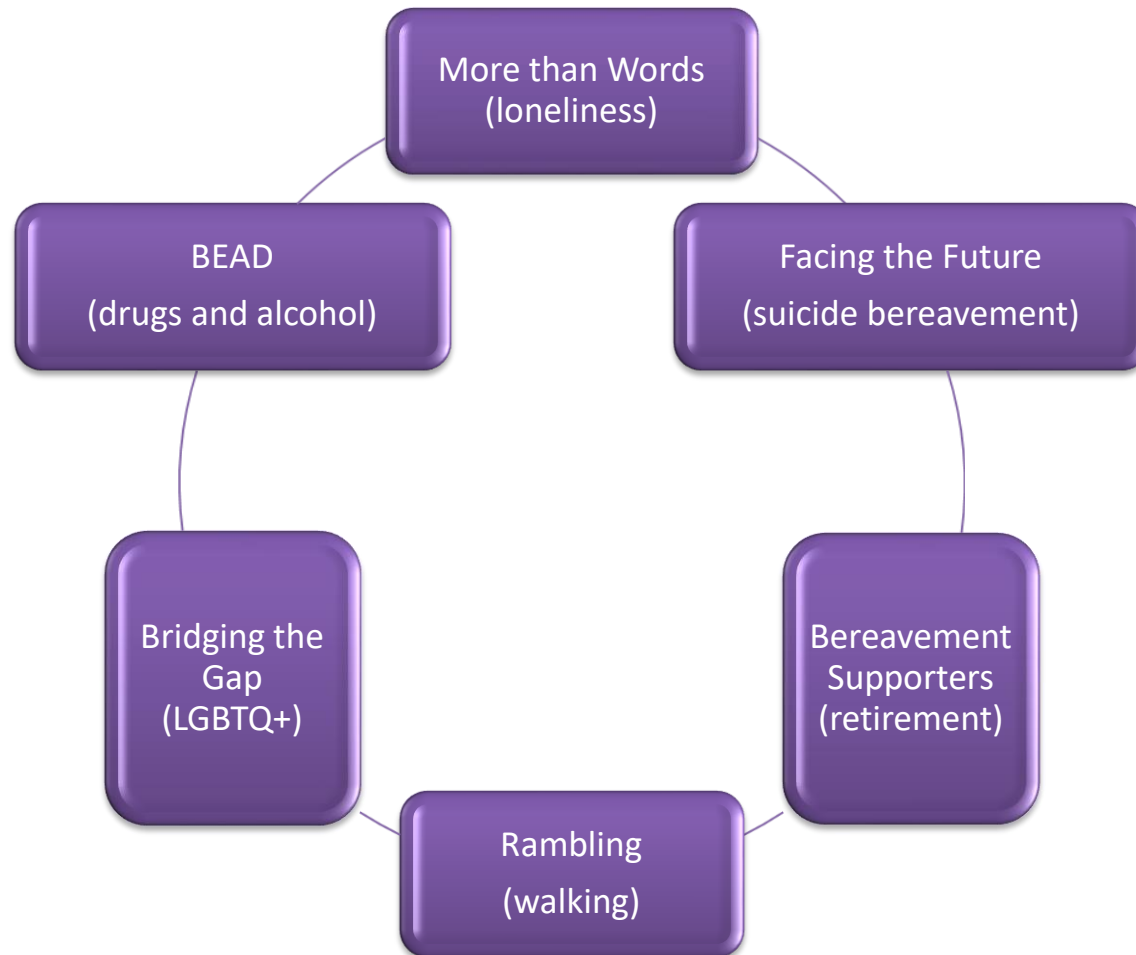
Reduce the feelings of loneliness and isolation following bereavement

# Support Components



- Preventative Support
- Responsive Support
- Restorative Support

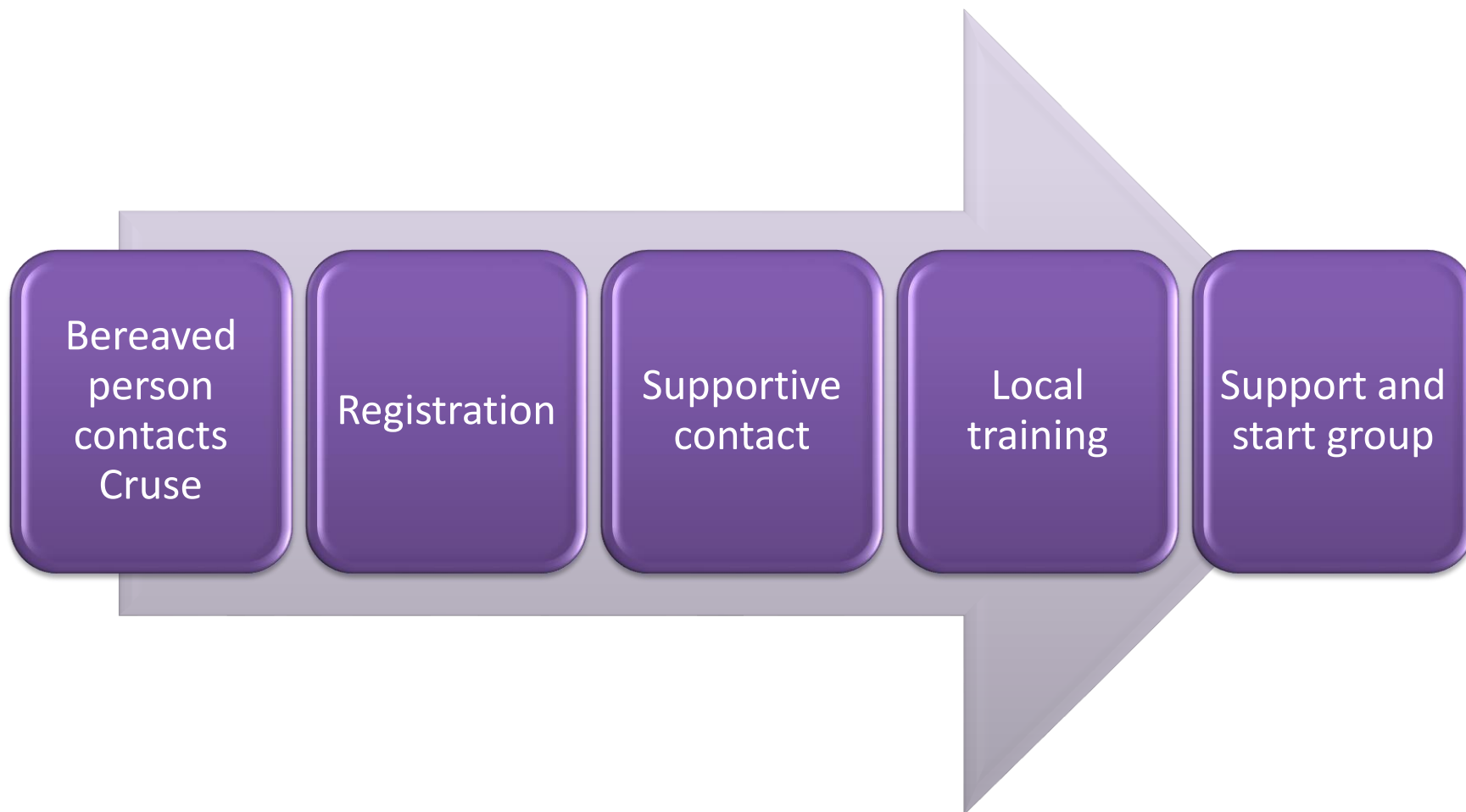
# Peer Support (so far)



# More than Words



# Bereavement Champions



# Achievements



200 people attended Champion training

825 people received support – through groups and phone support

Groups commenced in 12 areas, with 2 continuing

# Learning Points



- Eagerness for contact
- Access to online registration
- The importance of telephone support



- Supporting and supervising champions
- Loneliness relating to bereavement (60/40)
- The need for infrastructure
- An escalation point

# What Now?

Co design 'narrow and deep'

Perception of loneliness and bereavement

Link to existing services

Tiered approach

Test and learn through roll-out

Thank you