<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00 – 10.30</td>
<td>Coffee and Registration</td>
</tr>
</tbody>
</table>
| 10.30 – 10.45 | Welcome  
Laura Ferguson, Director, Campaign to End Loneliness                |
| 10.45 – 11.20 | Keynote Presentation  
Professor Christina Victor – ‘Loneliness Across The Life Course’ |
| 11.20 – 11.35 | [Part I] Loneliness Challenges: What do older people say?  
Facilitator: Martin Farrell, Founder & Director, Get 2 The Point  
Film Interviews with older people who have experienced loneliness:  
- Topic 1: Living In An Urban Or Inner-City Area  
- Topic 2: Living In A Rural – And Geographically Isolated – Area  
- Topic 3: Growing Old As A LGBT Person  
- Topic 4: Becoming A Carer |
| 11.35 – 12.00 | Refreshments Break                                                      |
| 12.00 – 12.30 | [Part II] Loneliness Challenges: Small Group Discussion  
Delegates will separate into discussion groups and focus one of the challenge topics presented before the break. Led by the video case studies, the groups will debate how to respond to different barriers to staying connected in these circumstances. |
The different discussion groups will give feedback on their ideas for addressing the loneliness ‘challenges’ and we’ll hear from four experts in these four different areas:  
- Ann Osborn, Rural Coffee Caravan Information Project  
- Alex Smith, North London Cares  
- Stacey Halls, Opening Doors London  
- Sally Chandler, Hillingdon Carers |
| 13.15 – 14.30 | Lunch                                                                   |
| 14.30 – 16.00 | Parallel Workshops                                                      |
| 16.00 – 16.15 | Next Steps  
Laura Ferguson, Director, Campaign to End Loneliness                   |
| 16.15 – 17.00 | Afternoon Tea & Networking  
A final opportunity to discuss your work with like-minded colleagues and exchange useful contact information. |